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NCRRI Approved Consent for NeuroCranial Restructuring

NCR is a very safe procedure. Its effectiveness in treating chronic pain makes it the treatment of choice for many people. You need to be aware, however, of what may happen afterwards.

- 1) Shock: 100% of people have some shock reaction. This is minor and lasts a few seconds to minutes except occasionally for patients who have suffered prior trauma where it may be extended.
- 2) Pain: The discomfort from the procedure usually lasts only one to two seconds and up to a maximum of six seconds. The experience varies from the feeling of jumping into a pool and experiencing water rush up your nose to an intense pressure that leaves an ache for a few minutes. In the most extreme cases there may be a soreness in the back of the nose for a few hours or a day. Moving and shifting pain may occur in the head for several days or weeks as the bones of the head shift and adjust to the change at the cranial base. In rare cases the bones may "log jam" after the treatment in which case another NCR treatment or NCR massage may be necessary.
- 3) Nose bleed: Blood mixed with mucous may occur in up to one out of four patients. A dripping nosebleed may occur in one in forty patients in the experience of Dr. Howell. In dry air we have a higher incidence of dripping nosebleeds, usually in the first or second NCR series only. In all cases the bleeding only requires a little pressure against the side of the nose and lasts no more than 30 seconds to two minutes.
- 4) Nasal congestion and drainage: Two out of three patients have nasal congestion after the treatment. In the most severe cases symptoms resemble a head cold with swelling of the nasal mucosa, drainage of the sinuses, and perhaps some soreness of the throat and nose.
- 5) Emotional reactions: Many patients will have some memory of previous trauma, either at the time of the treatment or later on. This can vary from memories of the trauma incidents to the more rare (and severe) reactions of reliving the trauma event (which occurs less that 2% of the time).
- 6) Worsening of symptoms: Patients presenting for the treatment of symptoms are at minimal risk for the symptoms to worsen. No treatments in medicine are 100% effective with a guaranteed result. There is always a very small chance that symptoms may be worsened. Because NCR treats symptoms and problems that no other treatment modality can benefit, the effectiveness of NCR is extraordinary, and the risk that symptoms would worsen are very slight indeed, but not impossible. If symptoms do worsen, there is a very high probability that continued NCR will be effective in resolving the exacerbation.
- 7) This is a series of four (4) treatments in four (4) consecutive days. There are no refunds for missed scheduled appointments.

I have read and understand this release. I have asked and had all my questions answered. I understand I will get a copy of this release.

Patients Name

Signature

_____/_____/_____
Date

- No exceptions to protocol.
- Deviation in protocol for exceptional circumstances. _____

NCR doctor is trained and certification is current. _____
Doctors Signature